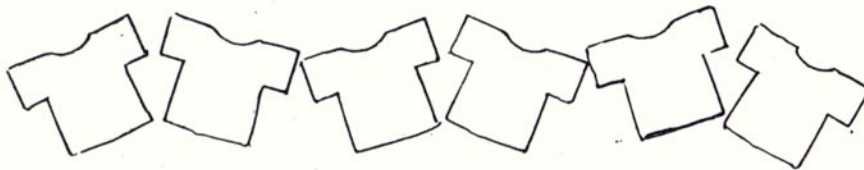


Tye-Dye T-Shirts

A T-SHIRT is a perfect canvas. It is available, inexpensive and versatile. For years now it has been used to advertise products, places, and ideas. Now you can advertise your own talents!



Sponging:
household sponges can produce a distinctive looking pattern on a T-shirt. Pour a small amount of fabric paint in a recycled pie-plate. Spread the paint into a thin layer. Dip the sponge into the paint and then dab it onto the shirt.

Crayon Batik

NEED: crayons, newsprint, iron
DO: Draw on the t-shirt with crayons. Make the drawing as colorful as you want. When it is done, place a sheet of newsprint on top of the shirt and have an adult help you iron it. As the crayon begins to stick to the paper, replace the paper with a fresh sheet. When the drawing stops coming off on the paper, it is done. The wax from the crayon will stick to the paper, and the only thing left on the shirt is the pigment (color). These shirts tend to fade when you wash them, so you will have to touch them up every once in a while.

NEED:

String
Needle and Thread
Piece of Rope
Pieces of Wood or Plastic
Fabric

Japanese Resist Method **DO:**

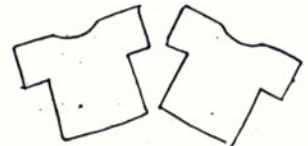
Using a heavy thread stitch a running stitch across the fabric. Knot only one end of the thread and leave a loose tail about 6" long hanging loose. Just below this running stitch (leaving about a half an inch--or vary the distance between stitches to change the pattern). Repeat this again and again. Leave at least a one-inch border all the way around. Be certain to leave the loose tail at the end of each stitch.

Pull the threads one at a time, gathering the fabric together tightly. Tie the threads tightly in a knot and follow the dye packages directions. When the dye has set, clip the knot and pull the threads out one at a time.

Originally T-shirts were nothing more than underwear. It is not until James Dean wore his exposed in Rebel without a cause and Marlon Brando wore his in On the Waterfront that this article of clothing became the uniform of casual wear.

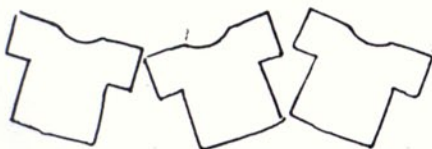
Bleach Painting

NEED: dark t-shirt, bleach, leaves, bowl, bucket of water, newspaper
DO: Do this outside. Pour a little bleach in the bowl. Dip the leaf in the bleach (don't let your hands touch the bleach). Set the leaf on the flattened shirt. Place 2 sheets of newspaper on top of the leaf and shirt. Press firmly until the liquid is absorbed into the paper. Rinse the shirt in the water to remove the excess bleach. Hang the shirt to dry. When it is dry, iron



Printed Tees

NEED: t-shirt, commercial dye, potato, knife, large bowl, bucket
DO: Have an adult help you cut the potato in half. Cut a simple shape in the fleshy part of the potato. Do this by cutting away around the shape, leaving the desired design raised. Spread out the shirt. Make



NOTE: Most dyes work the best on fabric that is 100% cotton, silk, or other totally natural fibers.